

VIRGINIA STATE PARKS

Douthat State Park

Canoe Tour

Information Sheet

General Information:

- **Guests should plan to arrive at least 15 minutes before the start of the program** to be properly fitted for equipment
- **Program meets at the *Boat Dock****
*Note: this is below Lakeview Camp Store, by the beach, and listed as “Boat Rental” on our Facilities Guide
- **Guests must be 4 years old to participate**, and one participant per canoe must be at least 16 years old. *No pets allowed.*
- **Closed-toe shoes are required.** Bring layers and dress for the weather.
- **There may be up to 3 adults per canoe**, with a maximum 600lb capacity
- **The tour may be canceled due to inclement weather.** The final verdict will be made within thirty minutes of the program start time.

About the Program

The canoe tour is a flatwater paddling program that *requires* guests to paddle around the perimeter of Douthat Lake at night, which comes with associated dangers. Past paddling experience is recommended but not required as rangers will walk you through proper paddling techniques and safety.

Provided Equipment:

- **Personal Floatation Device (or PFD).** Guests may bring their own, but it must be at least Type III or Level 70. PFDs must be worn the entire tour.
- **Canoe** – Guests may *not* participate in their own canoe or kayak
- **Paddles**
- **Lights and Whistles**

Guest may wish to bring a wet bag or leave valuables behind.

What to expect on arrival:

Guide rangers will...

- Have each guest to sign the check-in sheet
- Get each guest fitted for life jackets and paddles
- Provide each group with lights and whistles
- Go over the safety plan & demonstrate paddling techniques

Loading Canoes:

- **Canoes *do not* have a middle seat.** The park does have a limited number of canoes that have both back support and a storage console that can act as a middle seat. We prioritize giving these canoes to groups of three; however, guests are not guaranteed this arrangement. *If you have concerns, please discuss them with the guide ranger as soon as possible.*
- **Single paddlers** may be placed with another single paddler, or ranger.

Refunds are only given if program is canceled.

Questions?

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